Pick a location. It doesn't matter what or where it is. Stick with it for the duration of the recipe, which ends when you decide it. Your view on that particular location will change, you will change, the location will change.

Things to do at or with the location:

Mark one square meter and research what's within. While doing so, follow the threads of complexity. If you, for example, find a piece of candy wrap, ask yourself:

What kind of candy was it? What company produced the candy wrap? Imagine the machines that produced the wrap and the hands that loaded new sheets of raw plastic into those machines. What kind of life do the people live, whose hands you imagined? Where do the raw materials of the wrap come from? Think about all the people that are involved into shipping those materials all over the globe, think about the mussels and algae attached to those ships.

- Make an inventory of the all the things you find within that square meter
- If you encounter the unknown, like plants or animals and insects, get to know them
- Regularly visit your location, has the inventory changed?
- Actually, visit your location for 30 days, every day, for 15 minutes at the same time
- Share your stories of the location with your people
- Get some people together and make some storytelling happening at the location
- Of course, there needs to be some fermentation going on: make a sourdough starter, sauerkraut or some kvass at your location. Give the local microbial world a change to enter the food your preparing by using cheesecloth as well as learning about bad molds
- Arrange the things you'll find at the location. For example, sort all stones by size. What other non-destructive interventions can you think of? Is arranging already destructive? Is being there violence?
- Create a makeshift shrine for the location. Let the shrine be open for co-creation and -usage for everyone, human and nonhuman
- Leave the location for a long time. Return to it one day and treat it like a lost love or a 10\$ bill you found in a pair of unwashed pants. Celebrate.

Working this recipe will no yield a finished and polished result, something that is right or correct. Instead it intends to foster entangling ontology and relational epistemology. An emotional and aesthetic understanding that world is complex, and that you are a accomplice in it's being, whatever your moral judging may be.